



**ACT London Steering Committee - Meeting Notes**  
**16<sup>th</sup> January 2018, 9.30am-11.30am (at Anne Harrabin's House)**  
**Present: Fatima Bailey, Anne Harrabin, Pia Huber, Eve Rogans**  
**Minutes: Pia Huber**

Activity / Update	Who / When
<p><b>MINUTES OF THE LAST MEETING AND MATTERS ARISING</b></p>	
<p>Matters arising from the last minutes:</p>	
<p>Eve to check payments of all members and send out updated membership list</p>	ER
<p>FB tells the committee that Helen Robertson has sent almost all the membership details (correction to last minutes) and will now not do the Debra Betts online course. Instead she will attend a workshop in Spring at Old Street. She will join the ACT group meetings when she can as she is presently very busy.</p>	FB
<p>The venue for the ACT meetings has now been pre-booked and pre-paid until the Summer 2018.</p>	ER
<p>The Minutes of the last meeting were approved with the above correction.</p>	All
<p>Transferred actions from previous minutes:</p>	
<p>JD will at some stage look at into finding prepublication of study protocols in order to find ongoing or planned studies.</p>	JD
<p>Susan Bailes to be appointed as PR person for ACT (especially to look after the ACT Facebook page). The Facebook pages to be checked for present members and to delete who is no longer an ACT member. Who?</p>	All
<p>FB tells the committee about a further potential new member Jas Kalar. He is a member of the BMAS, but trained at Westminster in traditional acupuncture. PH to send FB the forms. FB to change the postal address to her email address and to ask for all forms to be submitted electronically. Future forms all to be submitted electronically instead of as hard copies.</p>	FB, PH
<p>JD forwarded a letter from Dvorah Kadish saying that she was unable to attend further meetings due to her hearing problem. She has already paid her subscription. The committee decides to offer her honorary membership to keep her as a member without her needing to attend any meetings, but allowing for her website profile to be kept and access to the minutes of all the meetings. This is due to her longstanding and active membership and her special health issue. FB to draft a letter to respond to Dvorah.</p>	JD, FB

<p><b>SPEAKERS and MEETINGS:</b></p> <p>The next ACT meeting (Thursday, 18 January) to be chaired by FB as AH is unable to attend. Details about the speaker, Elizabeth Cetin to be sent to FB by PH.</p> <p>Elizabeth Cetin is a midwife and works now at the Royal Brompton Hospital as a breast feeding consultant. She will talk about Breast feeding.</p> <p>Allowance for some time to discuss cases or ask general questions from members and for Marian Fixler to speak about her Shonishin course.</p> <p>Future speakers will be:</p> <p>Wednesday, 14 March 2018: Either Gideon Lieberman or Marian Fixler or a Cranio-sacral therapist</p> <p>Thursday, 17 May 2018: Rosalie Segal</p> <p>Wednesday, 11 July 2018: Group discussion on PCOS with three appointed member speakers to prepare case histories and their usual approach</p> <p>AH to pursue an invitation to Jill Glover to hold a one day workshop for ACT on endometriosis.</p> <p>Further future themes and possible speakers are:</p> <ul style="list-style-type: none"> <li>- Red Flags (member: Julia Davis as facilitator in a members only meeting)</li> <li>- Homeopathy/Bach Flowers</li> <li>- Cranio-sacral therapist</li> <li>- Tapping as a first aid (EFT)</li> <li>- Clinical case studies with specific theme</li> </ul> <p>Future meetings will be on</p> <ul style="list-style-type: none"> <li>• Wednesday, 14 March 2018</li> <li>• Thursday, 17 May 2018</li> <li>• Wednesday, 11 July 2018</li> <li>• Wednesday, 26 Sept 2018</li> <li>• Thursday, 29 Nov 2018</li> </ul>	<p>FB, PH</p> <p>AH</p> <p>AH</p>
<p><b>NEXT STEERING COMMITTEE MEETING</b></p> <p>The next Steering Committee meeting: <b>Tuesday 13<sup>th</sup> March 2018, 9.30am-11.30pm</b> Venue: 7 Lindrop Street, London SW6 2QU (nearest public transport: Overground station Imperial Wharf (7 minutes walk from the station))</p>	<p>All</p>